



Silly for Sports

Do a "tour de playground."

Make a list of all the playgrounds in your area and make an effort to visit as many as possible.

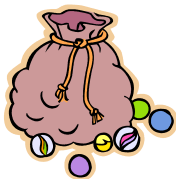
Set up an obstacle course in the yard.

Use toys, boxes, and other items to make a cool obstacle course.



Play marbles.

Marbles are very cheap, and there are a lot of games you can play, the sky is the limit.



Teach your Little games you used to play.

They'll love classics like Mother, May I, Red Rover, and Red Light, Green Light. Or what is your favourite?

Have a backyard Olympics.

Participants can compete in water balloon tosses, relay races, and jumping contests. Have an awards ceremony afterwards!



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Play Kick The Can.

Kick the Can is kind of like hide-and-seek. The “finder” has to guard the can, and counts to 20 while the others hide. When the “finder” leaves the can to go look for the others, the “hidiers” have to try to kick the can before being caught. If the “finder ” finds everyone before the can is kicked, he wins.

Play mini-golf.

Hi-Knoll Driving Range & Mini-Golf
4955 192 St, Surrey, BC
(604) 576-8588



Learn how to hula-hoop.

All you need is a hula-hoop and lots of patience.
See how long you can keep hula-hooping before it falls off.

Nothing but net!

Have an outdoor basketball free-throw contest.
Or play a game of 21.





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Play Frisbee golf.

Get a Frisbee, head to a park and make your own course. Keeping score is optional!

Soccer bowling.

Set up 10 empty pop cans or plastic bottles in a triangle or circle. Try to knock down as many "pins" as possible by kicking an inflated ball at them. Keep score like bowling (optional).

Set up a net.

Put up a badminton or volleyball net, or create one from a clothes line and a sheet. Use a blow up beach ball to play volleyball or get a badminton set from a yard sale and play.

Puddle jumping.

Nothing is more fun than getting to play outside when it's raining. Summer rainstorms don't always mean you have to head inside- put on bathing suits and rain boots and stomp in the puddles!





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Jump rope.

Learn a few songs and games to play for group jump roping, and try to see how many jumps each person can make before making a mistake.

Hit the Road

Grab your bike, your helmet, a water bottle and enjoy a wonderful bike ride in the great outdoors.

